Newark Sports and Fitness Centre and Dukeries Leisure Centre

HALF TERM TIMETABLE

Monday 18th – Friday 29th October 2021







Pre-book and pay for your activity online through www.active4today.co.uk/leisurehub

Book 7 days in advance (5 days for non-members)

Telephone 01636 655780

Email enquiries@active4today.co.uk www.active4today.co.uk/leisurehub



Tewark Sports and Fitness Centre Swimming and Sports

Sessions in addition to the main swimming timetable. See website for full timetable www.active4today.co.uk/timetables

Main Pool

Monday 18th & 25th October

1:30pm - 2:30pm Public Swimming

Tuesday 19th & 26th October

9:45am - 10:45am Inflatable Swim

Wednesday 20th & 27th October

1:30pm - 2.30pm Public Swimming

Thursday 21st & 28th October

9:45am - 10:45am Inflatable Swim

1:30pm - 2:30pm Public Swimming

Friday 22nd & 29th October

1:30pm - 2:30pm Public Swimming

Teaching Pool

Monday - Friday

1:30pm - 2:30pm Public Swimming

Public swim prices:

Juniors £3.80 Adults £5.30 Seniors £4.50

Public swimming is included in some memberships. Check www.active4today.co.uk/leisurehub for details. Active Cards available at reception.

Sports Camp (8-13yrs)

Thursday 21st & 28th October

9:30am - 12:30pm £5 per session

Structured indoor sports giving children a great opportunity to try a variety of activities including access to the Fitness Suite plus a fun swim session so don't forget your kit! Please ensure children wear appropriate clothing, swimwear and footwear. Bring plenty to drink and a light snack.

Must be pre-booked and paid for on Leisurehub or at reception by 8am on the day of the activity. We will not accept bookings after this time.

Junior Fitness (8-13yrs)

Monday to Friday 6:00am - 5:30pm Saturday to Sunday 8:00am - 2:30pm £4 per session

juniors to enjoy a workout!
The fitness suite is open to juniors outside of these times but they mus be supervised by a responsible adult. An induction is required before using

reception for details.

Dukeries Leisure Centre Swimming and Sports

Sessions in addition to the main swimming timetable. See website for full timetable www.active4today.co.uk/timetables

Swimming

Monday - Friday

1:00pm - 2:00pm Public Swimming

Thursday 21st & 28th October

9:45am - 10:45am Inflatable Swim

Junior Fitness (8-13vrs)

Monday to Friday 6:30am - 5:30pm Saturday to Sunday 8:00am - 2:30pm £4 per session

The fitness suite is open daily for juniors to enjoy a workout!
The fitness suite is open to juniors outside of these times but they must be supervised by a responsible adult. An induction is required before using the fitness suite, please speak to reception for details.



Sports Camp (8-13yrs)

Wednesday 20th & 27th October

9:30am - 12:30pm £5 per session

Structured indoor sports giving children a great opportunity to try a variety of activities including access to the fitness suite plus a fun swim session so don't forget your kit! Please ensure children wear appropriate clothing, swimwear and footwear. Bring plenty to drink and a light snack.

Must be pre-booked and paid for on Leisurehub or at reception by 8am on the day of the activity. We will not accept bookings after this time.

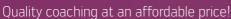


Xperience On€ Xperience TWO Xperience Student

Xperience memberships from £23 per month

Our Xperience courses include:

- Active Swimming Lessons
- Active Ballet
- Active Street Dance
- Active Gymnastics
- Active Trampoline
- Active Football
- Active Tennis



For further information visit our website www.active4today.co.uk/memberships/juniormemberships



Bookings

Pre-book and pay for your activity online through www.active4today.co.uk/leisurehub Activities bookable from Monday 11th October



Terms and Conditions

A parent/guardian may be required to contact details and code of conduct.

Photographs may be taken during activities to be used on our social media, please speak to you a member of staff if you do not wish your child to have their photo taken.

All activities must be paid for at the time of

Bookings can be made online via Leisurehub or at reception.

Active4Today Ltd reserves the right to alter/ withdraw activities at any time.

CLOSED BANK HOLIDAYS

www.active4today.co.uk/leisurehub







